Mount Everest Expedition

Facts

Destination: Nepal
Trip Difficulty: Technical Challenging
Trip Style: Expedition
Transport: By Air
Food: Breakfast + Lunch + Dinner + Fruit
Accommodation: Lodge + Camping
Group Size: 01 - 12
Max Elevation: 8848 Meters / 29029 Feet
Best season: Late Sept. to Oct. & April to May
Route: Kathmandu-Lukla- EBC

Nepal is a country which contains over 1310 snow-capped peaks and there are 8 out of 14 peaks above 8000m. And, being said that Nepal is a country of mountains every year thousands of tourists visit Nepal for trekking around mountains and some want to summit peaks. Mountaineering in Nepal has become prime activities, you can choose Mountains to summit based on your experience and physical ability. Summiting Mt. Everest is one of the hardest of all and every adventurer wants to reach the top of the world’s highest mountain which stands 8848m from sea level. Once you can stand at top of world’s highest peak then it’s probably the greatest pride for every adventurer.

Everest Expedition is considered one of the most difficult and greatest physical and mental challenges for every traveler and adventurer. Not everyone who attempt Everest expedition

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is able to summit, only those with a brave heart and great guidance has been able to summit.
We, here at Himalayan Scenery Treks and Expedition will help you in a matter for
guidance and the planning you just need a brave heart for summing the Everest and
create your own legends.

Himalayan Scenery Treks and expedition offers you the most adventurous service
filtering and managing effective time so that you can get every inch of fun and adventure
while traveling with us. We as well have managed the expedition package to Everest.

Everest expedition is the most dangerous and difficult adventure on the earth. If you are not
equipped with proper gear then you will face greater consequences. So, while summiting
Everest you must not make even one slightest mistake. If you are traveling with Himalayan
Scenery then we will first provide you with high-quality equipment’s and ensure your safety
more than anything.

Everest was first summitted by Tensing Norgay Sherpa and Edmund Hillary via south
col. The expedition we organize to Everest retraces the path followed by these legends. You
can create your own story once you are able to stand at the top of Everest. Everest can be
climbed from both the north as well as south side. Most the trekkers prefer summiting
Everest from south col as the north col from Tibet border was closed for a foreigner after the
cultural revolution in China in the 1950s.

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To summit the world’s highest peak, you require mountaineering experience of climbing expedition at least 6000 meters along with experience of scaling difficult alpine mountain peaks. It would be easier for you if you also have some climbing experience in peaks above 7000 meters in the Himalayas. While climbing to the Everest we will be using the fixed rope but you need to acquire the skill to ascend and descend fixed line independent of those fixed ropes which will increase the efficiency of the whole expedition. Most of all you need to be more active and decisive so that you can take quick action while in need.

From the base camp, we need to cross-ice block, crevasses, and Seracs. We need to climb larger chunks of ice using fixed ropes and aluminum ladders. The way to camp 1\textsuperscript{st} is just a test for your experience, once you are at Camp 1\textsuperscript{st} elevated at the 6400m real challenge of expedition starts with dry air everywhere. Using oxygen will be key to summit Everest.

**Camp 1: 20000ft. (6,400m):**

Camp 1 is situated between mountain walls and endless snow deep crevasses. The air around here is a bit warmer and dry as the sun is reflected around this place. The tents are built above the crevasses that’s why you will listen to some cracking sounds while sleeping inside these tents. In the morning we will be walking on these crevasses to reach the second camp.

**Camp 2: 21000ft. (6,750m):**
Camp 2, elevated at the height of the 6,750 meters and located in the foot of icy mount Lhotse wall from where we must go on ahead for summiting the Everest. Weather around camp 2 is good but at times wind brings clouds rolling from lower Himalayan Range to the place where camp 2 located. Other than that wind here is violent enough to destroy our tents. To reach Camp 3, we need to do some climbing through edged rocks and slopnier snows.

**Camp 3: 22300ft. (7,100m):**

Camp 3, elevated at height of 22300ft and is adjoining to the wall of Mount Lhotse. To reach camp 4 from this camp we need to climb the 4000ft wall of Lhotse using a fixed rope. But before we climb to camp 4 we need to adjust to the environment around this level of altitude with prior acclimatization. Some climbers should not hesitate to use oxygen if they are feeling uneasy to breathe. From here we should ascend steeply through lose, down-slopping and rotten limestone. Before we reach flats of the south col we need to cross certain snowfield, while the routes ahead up the Geneva Spur to the east.

**Camp 4: 26000ft. (8,400m):**

Camp 4 is also the final camp for Everest expedition which is elevated at an altitude of 26,000ft. from here you just need to climb 500m to summit the world's highest peak. The weather around here is most tough and dangerous as the winds are ferocious and violent. Making the climb more difficult, if you want the best route to summit then pass via the narrow south- East ridge which precedes to south summit elevated at 28710 ft. from here you can easily achieve and reach the world’s highest peak elevated at 29028 feet. This same route was used by Tensing Norgay Sherpa and Sir Edmond Hillary while summiting Everest during 1953.

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Highlights

- Join a small and personal climbing team with a 3:1 climber to guide ratio and a 1:1 climber to Sherpa ratio.
- Enjoy the best Base Camp facilities available.
- Take comfort in the comprehensive medical support available through our unlimited access to Everest's Base Camp clinic and highly trained guides.
- Navigate the Khumbu Icefall, cross the Yellow Band, and ascend the Hillary Step with the guidance and partnership of HST's experienced Everest guides.

Day to Day Itinerary

Day 01: Arrival in Kathmandu and transfer to Hotel:
Day 02 - 3: Preparation, briefings, shopping and permits formalities:
Day 04: Flight from Kathmandu to Lukla and Trek to Phakding
Day 05: Trek to Namche Bazaar:
Day 06: Rest and acclimatization, hike to Everest View Hotel:
Day 07: Trek to Tengboche and visit Buddhist monastery:
Day 08: Trek to Dingboche:
Day 09: Trek to Lobuche:
Day 10: Rest for acclimatization at Lobuche:
Day 11: Trek to Gorakshep:
Day 12: Trek from Gorakshep to Base camp:
Day 13 - 58: Climbing period for Summit Everest and Trek Back to Everest Base Camp:
Day 59: Trek down from base camp via Lobuche to Dingboche:

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Day 60: Dingboche to Tengboche trek:

Day 15: Trek to Namche Bazaar:

Day 61: Trek to Lukla:

Day 62: Fly from Lukla to Kathmandu:

Day 63: Leisure and contingency day:

Day 64: Transfer to the airport for final departure:

Cost Includes

- All arrival and departure with Himalayan Scenery Treks assistance in airports.
- 5 Nights Hotel accommodations in Kathmandu on BB Plan in 5/4 Star category.
- 1:1 Experienced private climbing Sherpa guide during trek and climb (Everest Summiteers).
- Flight tickets for Kathmandu-Lukla-Kathmandu to the climbing member and his guide.
- All camping equipment’s like camp furniture (table, chairs), kitchenware, kitchen, dining, guest, shower and toilet tents in Advance Base Camp.
- Three meals a day (BLD-tea-coffee) and twin sharing teahouse accommodation during trek, freshly cooked 3 meals, tea or coffee by Snowy professional cook in Base Camp.
- Baggage allowance for trekking up and down is 60kg: 40kg ratio per person.
- Everest National Park entry fee (Sagarmatha National Park)
- Expedition royalty and climbing permit for climbing Mt. Everest in spring.
- Wages, equipment’s, medical and accidental Insurances for Sherpa guide and other staffs.
- Required base camp and high-altitude food for climbing member and all involved staffs.
- Required fixed and dynamic rope during the climbing period.
- Emergency oxygen mask and regulator upon the requirement of guest with reliable charge.

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• Each expedition member will have an individual tent in the ABC.
• Satellite phone carrying by Guide for communication and available for members with the cost of US$ 4 per minute call.
• 7 Oxygen Bottles (4L) for Climbers and 3 for Sherpa with mask and regulators.
• Solar panel for light and battery charger in Base Camp.
• All tents for camp 1, 2, 3 and 4; Icefall charges.
• First Aid medical kits for the Group and the staffs.
• Free assistance service for cargo and duty clearance.
• Our service charge and Government Taxes levied in Nepal.
• Farewell Dinner in a typical Nepali restaurant with domestic culture show in Kathmandu.
• Himalayan Scenery Special Gifts (T-shirt/Pashmina etc.).

**Cost Excludes**

• Lunch and Dinner during your stay in Kathmandu (except for the farewell dinner).
• Items of personal nature and laundry expenses.
• Expenses of landlines, mobiles, walkie-talkies, satellite phone, and internet expenses.
• Clothing, packing items or bags, personal medical kit, camera/video fees or trekking gears.
• Any extra expenses arising out of various/unforeseen situations like natural calamities, landslides, political disturbances, strikes, changes in Government regulations, etc.
• Any additional staff other than specified.
• Rescue, repatriation, medicines, medical tests and hospitalization expenses.
• Medical and travel Insurance with helicopter search and rescue for the climber.
• Summit bonus for the Sherpa after approaching to the summit. *(Minimum US$ 1000.00)*
• Special Permits for walkie-talkies & filming if special camera.
• All personal climbing gears.

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• Nepal custom duty for import of expedition goods.
• Tips, gifts, souvenirs.
• Any other item not mentioned in “THE PACKAGE COST INCLUDES” section